

English Country Manor Exercise Room Rules

1. Hours of operation for the Exercise Room are **6:30 a.m. to 10:00 p.m.**
2. All residents and their guests use this facility and equipment at their own risk. The Exercise Room is an amenity for ECM unit owners in good standing* and their accompanied guests. Absentee unit owners in good standing*, including landlords, may permit tenants or residents of their unit to use their pool/exercise room passes via the Pool Application and Agreement Form. If you are unclear about your standing, contact the property manager.
*Good standing is defined as those who have not been temporarily suspended for rule violations and who are current with costs and expense as provided in Section III, item 3.1(c) of the Declaration of Covenants.
3. Residents using the Exercise Room must have their Pool/Exercise Room Pass visible at all times while in the area. Persons without a valid pass will be asked to leave the Exercise Room. Residents must also sign in
4. Residents may bring up to two guests per unit and must accompany those guests at all times.
5. Children under 16 years of age are not permitted in the Exercise Room at any time and are not allowed to use the equipment under any conditions.
6. No pets are allowed in the Exercise Room at any time.
7. Exercise Room users should be considerate of the Manor House residents and avoid making any loud noises that may be disturbing. Please do not bang or drop the weights. The weights should be lowered and placed gently into the resting position.
8. No food is allowed in the Exercise Room. Water or other non-alcoholic beverages are permitted but must be in an unbreakable container with a cap/lid.
9. All persons using the Exercise Room should bring a clean towel to wipe the machines. The cleaning company cleans the area monthly; however, in consideration of others, please wipe off handles, seats, benches etc. after using each piece of equipment.
10. If no other users are in the Exercise Room, please turn off machines when exiting the area.
11. Proper footwear such as sneakers or tennis shoes should be worn at all times. It should be rubber-soled and closed toe (No flip flops, sandals, crocs, etc.). Footwear should be clean, and not evident of mud, debris or salt which can damage the equipment and create a hazardous condition for residents using the Exercise Room.
12. Only Board approved equipment is allowed in the Exercise Room.
13. The English Country Manor I Board of Directors has the authority to enforce these rules.